

Dear Coaches,

We just wanted to pass along the following medical information for the 2012 State Wrestling Tournament to be held February 16-18 at the Bismarck Civic Center.

1. Skin checks for all wrestlers will be conducted on Thursday, February 16<sup>th</sup> at 8:00 AM, prior to weigh-ins. Skin checks will be conducted by the medical staff of the Medcenter One Sports Medicine Clinic.

In an attempt to avoid any problems during skin checks at the State Wrestling Tournament this year, the following is recommended.

Please have your wrestlers checked by their local family physician for any skin problems at least five (5) days before the state tournament, preferably five (5) days before the regional tournament. This will allow adequate time for treatment to be instituted to comply with the recommendations of NDHSAA.

All members of the North Dakota Academy of Physicians have been notified of this recommendation. They have also received the appropriate forms and guidelines from the NDHSAA.

2. Sports medicine coverage for the State Wrestling Tournament will be provided by the Medcenter One Sports Medicine Clinic. Certified Athletic Trainers from Medcenter One and athletic training students from the University of Mary will be present prior to, during, and following all wrestling matches all three days. A first aid area will be set up in the south east corner of the arena floor.
3. The sports medicine staff will follow the North Dakota High School Activity Association Concussion Management Procedure. The procedure states "*An athlete who exhibits signs, symptoms or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the contest and shall not return to play [that day] until cleared by an appropriate health care professional (AHCP).*" For the purpose of this tournament, the Medcenter One Sports Medicine staff will be the AHCP. A coach or a spectator with medical background does not qualify as an AHCP for this tournament.
4. If your school will have your own qualified medical professional present at the State Wrestling Tournament, a Transfer of Care form must be completed prior to the start of the tournament. If your school does not have a qualified medical professional or does not complete a Transfer of Care form prior to the start of the tournament, the Medcenter One Sports Medicine staff will make all return to play decisions following an injury.

Please find a copy of the NDHSAA Concussion Management Procedure and a Transfer of Care form along with this letter.

If you have questions, please feel free to contact Jim Haussler, Activities Director, Bismarck Public Schools, 701-323-4079, jim\_haussler@bismarckschools.org or Blaine Steiner, Bismarck Public Schools Certified Athletic Trainer, 701-323-4340, ext. 3037 or 6125, blaine\_steiner@bismarckschools.org.