

**BOYS' TRACK & FIELD**  
**NORTH DAKOTA STATE TRACK AND FIELD OVERALL RECORDS**

Event	Present Holder	School	Record	Year
100 Meter Dash	Weston Dressler	Bismarck	10.44	2004
200 Meter Dash	John Welk	Bismarck St. Mary's	21.66 Prelims	2010
400 Meter Dash	Donte Smarte	Minot	47.88	2010
800 Meter Run	Brian McCulley	Fargo South	1:52.05	1996
1600 Meter Run	Rob Heen	Williston	4:12.76	1987
3200 Meter Run	Corey Ihmels	Williston	9:03.65	1992
110 Meter H	Ryan Todhunter	GF Red River	14.26	2009
300 Meter H	Ryan Todhunter	GF Red River	37.65	2009
Long Jump	Nate Keller	Valley City	24-06.00	1998
High Jump	Shawn Gabbert	Dickinson	6-10.25	1999
Triple Jump	Mike Backes	GF Red River	46-09.00	1998
Pole Vault	Brock Larson	Fargo South	15-06.00	2011
Shot Put	Howard Hausauer	Bismarck	64-01.00	1987
Discus	Seth Helgeson	Bismarck	185-07.00	1999
*Javelin	Riley Dolezal	Stanley/Powers Lake	208-03.00	2004
4x100 Meter Relay	Dewayne Liggins, Channing Mann, Alex Neumiller, Randy Tardif	Bismarck	42.48 Prelims	2011
4x200 Meter Relay	Dewayne Liggins, Jesse McCormick, Eliot Axvig, Randy Tardif	Bismarck	1:28.41 Prelims	2011
4x400 Meter Relay	Taylor Bruhschwein, Mitch Kudrna, Skyler Beaudoin, Nakoa Baker	Dickinson	3:21.81	2006
4x800 Meter Relay	Joe Carlson Ken Clark, Rob Buchholz, Jon Boughner	Minot	7:54.52	1981

\*2002 First year to use tailwind javelin

**NORTH DAKOTA CLASS A BOYS' STATE TRACK & FIELD RECORDS**

Event	Present Holder	School	Record	Year
100 Meter Dash	Weston Dressler	Bismarck	10.44	2004
200 Meter Dash	John Welk	Bismarck St. Mary's	21.66 Prelims	2010
400 Meter Dash	Donte Smart	Minot	47.88	2010
800 Meter Run	Brian McCulley	Fargo South	1:52.02	1996
1600 Meter Run	Rob Heen	Williston	4:12.76	1987
3200 Meter Run	Corey Ihmels	Williston	9:03.65	1992
110 Meter H	Ryan Todhunter	GF Red River	14.26	2009
300 Meter H	Ryan Todhunter	GF Red River	37.65	2009
Long Jump	Nate Keller	Valley City	24-06.00	1998
High Jump	Shawn Gabbert	Dickinson	6-10.25	1999
Triple Jump	Mike Backes	GF Red River	46-09.00	1998
Pole Vault	Brock Larson	Fargo South	15-06.00	2011

Shot Put	Howard Hausauer	Bismarck	64-01.00	1987
Discus	Seth Helgeson	Bismarck	185-07.00	1999
*Javelin	Paul Hoplin	GF Red River	201-10.00	2007
4x100 Meter Relay	Dewayne Liggins, Channing Mann, Alex Neumiller, Randy Tardif	Bismarck	42.48 Prelims	2011
4x200 Meter Relay	Dewayne Liggins, Jesse McCormick, Eliot Axvig, Randy Tardif	Bismarck	1:28.41 Prelims	2011
4x400 Meter Relay	Taylor Bruhschwein, Mitch Kudrna, Skyler Beaudoin, Nakoa Baker	Dickinson	3:21.81	2006
4x800 Meter Relay	Joe Carlson, Ken Clark, Rob Buchholz, Jon Boughner	Minot	7:54.52	1981

**\*2002 First year to use tailwind javelin**

#### NORTH DAKOTA CLASS A BOYS' RETIRED TRACK & FIELD RECORDS

Event	Present Holder	School	Record	Year
100 Yard Dash	Chuck McGuinness	Jamestown	9.8	1953
	Bruce Perry	Bismarck	9.8	1972
*220 Yard Dash (straightaway)	Chuck McGuinness	Jamestown	21.5	1953
220 Yard Dash (curve)	Tom Lowe	Valley City	22.3	1973
440 Yard Dash	Scott Wilkinson	Mandan	49.2	1979
880 Yard Run	Dan Cichos	Jamestown	1:56.2	1969
	Tim Wheeler	Dickinson	1:56.2	1979
Mile Run	Claude Smith	GF Red River	4:18.5	1976
2 Mile Run	Tom Petrik	Bismarck	9:22.4	1973
120 Yard Hurdles	Cliff Cushman	GF Central	14.4	1956
**180 Yard Low Hurdles (straightaway)	Cliff Cushman	GF Central	19.3	1956
180 Yd. Low Hurdles (curve)	Phil Farris	Langdon	19.3	1976
330 Yard Hurdles	Scott Wilkinson	Mandan	39.9	1979
***Javelin	Steve Held	Carrington	224-00.00	1973
****Javelin	Chad Oukrop	Dickinson	212-08.00	2001
440 Yard Relay	Kringstad, Perry, Sande, Krause	Bismarck	43.6	1971
880 Yard Relay	Kringstad, Perry, Sande, Krause	Bismarck	1:30.1	1971
Mile Relay	Luther, Clausnitzer, Perry, Hugen	Bismarck	3:22.7	1973
2 Mile Relay	Parker, Nutter, Clark, Rowell	Minot	7:57.7	1977

**\*220 Yard Dash Record (straightaway) retired 1967 replaced with 220 Yard Dash (curve) in 1968**

**\*\*180 Yard Low Hurdles (straightaway) retired 1968 replaced with 180 Yard Low Hurdles (curve) in 1969**

**\*\*\*Javelin record retired in 1990, replaced by rubber tipped javelin**

**\*\*\*\*Javelin record retired in 2001, replaced by tailwind javelin**

**NOTE:** These track records retired in 1980 when running events went to metric distances

<b>NORTH DAKOTA CLASS B BOYS' STATE TRACK &amp; FIELD RECORDS</b>				
<b>Event</b>	<b>Present Holder</b>	<b>School</b>	<b>Record</b>	<b>Year</b>
100 Meter Dash	Chris Wilmes	Beulah	10.98	1997
200 Meter Dash	Kent Kaylor	Burke County	21.98	1998
400 Meter Dash	Blake Bowers	Kenmare/MLS/Bowbells	48.19	2006
800 Meter Run	Paulo Costa	Killdeer	1:54.48	1985
1600 Meter Run	Cory Wiley	Litchville-Marion/ Montpelier	4:19.41	1998
3200 Meter Run	Cory Wiley	Litchville-Marion/ Montpelier	9:27.02	1998
110 Meter H	Tanner Monroe	Killdeer	14.39	1998
300 Meter H	Jared Essler	Bishop Ryan	38.12	2000
Long Jump	Rich Goff	Grandin	23-02.50	1970
High Jump	Mark McDonald	Border Central/Munich/ Starkweather	6-09.50	1988
Triple Jump	Brady Odegaard	Kindred	46-05.00	1998
Pole Vault	Scott Carlblom	Lisbon	14-07.00	2001
Shot Put	Jim Kleinsasser	Carrington	62-02.00	1995
Discus	Seth Wisthoff	Glenburn	184-00.00	2008
*Javelin	Riley Dolezal	Stanley/Powers Lake	208-03.00	2004
4x100 Meter Relay	Greg Batke, Seth Hoff, Riley Parker, Matt Schramm	Hazen	43.79	1999
4x200 Meter Relay	Keith Wanner, Jon Ewoniuk, Glenden Wanner, Shawn Schumacher	Dickinson Trinity	1:30.46	1993
4x400 Meter Relay	Justin Whittmayer, Dave Limke, Luke Schaefer, Jared Essler	Bishop Ryan	3:26.00	1998
4x800 Meter Relay	Brady Brown Otter, Chris Gates, A.J. White Bull, Sam Ell	Standing Rock	8:05.76	1991
<b>*2002 First year to use tailwind javelin</b>				

<b>NORTH DAKOTA CLASS B BOYS' RETIRED TRACK &amp; FIELD RECORDS</b>				
<b>Event</b>	<b>Present Holder</b>	<b>School</b>	<b>Record</b>	<b>Year</b>
100 Yard Dash	Rich Goff	Grandin	9.8	1969
*220 Yard Dash (straightaway)	Pat Haddican	Nome	21.7	1956
220 Yard Dash (curve)	Drexel Lawson	NDS-Devils Lake	22.4	1975
440 Yard Dash	Drexel Lawson	NDS-Devils Lake	48.6	1975
880 Yard Run	Ed Dressler	Flasher	1:59.1	1975
Mile Run	Louie Bass	New Rockford	4:23.6	1973
2 Mile Run	Mike Jore	Cando	9:31.6	1973
120 Yard Hurdles	Tim Nichols	Oakes	14.9	1968

**180 Yard Low Hurdles straightaway	Gene Fraser	New Rockford	20.3	1967
180 Yd. Low Hurdles (curve)	Rich Goff	Grandin	20.2	1970
330 Yard Hurdles	Keith Kempenich	Bowman	39.9	1978
**** Javelin	Chad Bickett	Carrington	210-05.00	1988
***** Javelin	Brad Cook	Hazen	196-01.00	1999
440 Yard Relay	Schlag, Zimbelman, Ruff, Thymian	Minot Model	44.7	1968
	Sellner, Reese, Rudolph, Muehlberg	Wyndmere	44.7	1971
	Leone, Pearson, Foust, Kempenich	Bowman	44.7	1977
	Theurer, Weigum, Hillius, Ottmar	Elgin	44.7	1977
880 Yard Relay	Schlag, Sjaanstad, Ruff, Thymian	Minot Model	1:33.0	1968
	Kempenich, Pearson, Boushele, Foust	Bowman	1:33.0	1977
	Theurer, Weigum, Hillius, Ottmar	Elgin	1:33.0	1977
Mile Relay	Hoff, Hauge, Bollinger, Kraft	Parshall	3:28.3	1975
2 Mile Relay	White Bear, Hall, A. Charging, R. Charging	White Shield	8:15.3	1977
***1600 Meter Medley Relay	S. DeSautel, B. Olson, S. Boe, T. Clancy	Mayville-Portland	3:37.82	1984

**\*220 Yard Dash record (straightaway) retired 1967 replaced with 220 Yard Dash (curve) in 1968**

**\*\*180 Yard Low Hurdles (straightaway) retired 1968 replaced with 180 Yard Low Hurdles (curve) in 1969**

**\*\*\*1600 Meter Medley Relay record retired 1984 replaced with 800 Meter Relay**

**\*\*\*\* Javelin record retired in 1990, replaced by rubber tipped javelin**

**\*\*\*\*\* Javelin record retired in 2001, replaced by tailwind javelin**

**NOTE:** These track records retired in 1980 when running events went to metric distances